

*Alpine Valleys Community Leadership in association with Gateway Health, WayOut Wodonga and Hume Phoenix present:*

## Ovens Murray LGBTIQ+ Leadership Program 2018

Thanks for your interest in the Ovens Murray LGBTIQ+ Leadership Program 2018. Details of the course follow.

### WHO THIS PROGRAM IS SUITABLE FOR:

We are inviting people to apply for this program who are:

- Residents of the Local Government Areas of Albury-Wodonga, Towong, Alpine, Indigo, Wangaratta, Benalla, Moira and Mansfield that identify as part of the region's LGBTIQ+ community.
- Emerging leaders and existing leaders from the LGBTIQ+ community that are seeking to advocate for their communities and implement positive change.
- Individuals that are looking to strengthen their network of contacts within the regional LGBTIQ+ community.

### OUTCOMES:

Graduates of the program can expect to develop:

- An understanding of how to be an advocate and leader within the LGBTIQ+ community
- Greater confidence in your personal ability to lead
- Strengthened relationships within the LGBTIQ+ community
- An increased understanding of the services available to the LGBTIQ+ community

### DATES:

#### **Saturday 17<sup>th</sup> February and Sunday 18<sup>th</sup> February 2018**

*Full residential program*                      10.00am start on Saturday – 4.30pm on Sunday

AND

#### **Saturday 3<sup>rd</sup> March and Sunday 4<sup>th</sup> March 2018**

*Full residential program*                      10.00am start on Saturday – 4.30pm on Sunday

**VENUE:**

Lake Hume Resort  
1 Ray Welsh Dr, Lake Hume Village NSW 2640  
Phone: (02) 6026 4444

**FEE:**

As the program is being funded by the Victorian Department of Premier and Cabinet Equality branch, there is no fee for participants. All accommodation and meals will be provided as part of the program, and transport will be provided for those who don't have the means to make their way to the venue independently.

**DRESS CODE FOR THE TRAINING:**

Smart casual

**CATERING**

All meals will be provided; from morning tea on the first day of each weekend until lunch on the last day. *Please advise AVCL of any dietary concerns at the time of your acceptance into the program.*

**TRANSPORT**

For those unable to make it to the venue independently, transport assistance can be arranged. Please notify us of your needs during the application process.

**COURSE CURRICULUM**

We are aiming to facilitate a program that is educational, inspirational, safe and fun.

**Day One- Us as people**

- Welcome/getting to know the group/establishing expectations
- Understanding self
- Building trust
- Building effective teams
- Group dynamics
- Networking

**Day Two- Developing leadership skills**

- Looking after yourself as a leader- health and wellbeing strategies
- Resilience strategies for individuals and communities
- Managing responsibility
- Leadership vs Management
- Situational Leadership
- Followership
- Working with volunteers

### Day Three- Leading others

- Public speaking
- Introduction to good governance- why it matters
- Governance models of Boards and Committees of Management
- Chairing successful meetings
- Resolving Conflict
- Mentoring- how to get the best out of mentoring relationships

### Day Four- Community Leadership

- Effective Activism
- Facilitating change

*Concurrent workshops- two streams*

Time Management

Project Management

Goal setting

Event Management

- Personal Action Plans post the program

### FACILITATORS:

#### Karlie Langdon- Program Coordinator AVCLP

*Facilitator*

Karlie has been with AVCL as the Program Coordinator of the Alpine Valleys Community Leadership Program since the beginning of 2016. Karlie is a qualified teacher with a Certificate IV in Training and Assessment and has worked for two Registered Training Organisations as an industry consultant and trainer.

Previously Karlie worked in the Greater Geelong region for BAT Force (Barwon Adolescent Task Force) as a School Focused Youth Service Coordinator. Her role was to foster positive relationships between schools, youth agencies and parent support community services to ensure young people and their families led happy and healthy lives.

A key agency relationship was with the GASP Project, Geelong's safe and inclusive space for young people aged between 12-25. Karlie's experience with this project included:

- Coordinating support for schools around gender and sexuality, developing a whole-school approach to creating safe, respectful, and inclusive learning environments
- Coordinating training for service providers to help build capacity and develop strategies for LGBTIQ+ inclusive practice
- Provision of consultation to schools and families with students transitioning gender

Karlie is passionate about leadership development, education, training, and developing inclusive communities where every person is encouraged to reach their potential.

**Leigh Bartlett- Regional Youth Affairs Consultant, BATForce**

*Co-facilitator*

Leigh is a qualified teacher and experienced facilitator. Leigh has also worked in the disability sector, and for Local Government. She has worked as a trainer and facilitator for an ITC company and has most recently been managing an industry peak body for the youth and community sector.

Leigh has been involved with establishing several community projects, including:

- GASP Geelong (Same sex attracted and Gender diverse support for Young People and their friends)
- BOUNCE- leadership project in schools
- Courthouse Youth Arts Facility
- Clockwork Youth Health Service
- GRIP- recreation support program for people with disabilities in Gippsland - which won a national award for innovation

Leigh's passion is to develop ideas, then bring the right people to the table to see those ideas evolve into community programs and practice, in turn strengthening communities.

**Dr Debra Monk MAPS Clinical Psychologist**

*Consulting Psychologist*

Dr Debra Monk MAPS, runs a successful private Clinical Psychology practice in Wangaratta and was until recently Senior Clinical Psychologist for the North-East Border Mental Health Service. Debra has worked in Public Mental Health for the past 13 years, working in public and private health care facilities in Melbourne and Wangaratta.

Debra works with many clients from the region's LGBTIQ+ community and is passionate in her support of this community group.

Debra also has an interest in palliative care and works with oncology patients and their families.

**Kim Scanlon - Executive Officer, AVCL**

*Session facilitator*

Kim has an extensive background in Education, Outdoor Education, Community Development and Facilitation. After a 25-year career in the Victorian Education Department Kim has since worked for Local and State Government in Community Development roles.

Since 2010 Kim has served as the Executive Officer of AVCL, with a key responsibility to design and deliver new innovative programs for AVCL, as well as facilitate many of the skills workshops delivered throughout the Annual Program and AVCLP short courses. Kim has wide ranging experience in the governance and development of community groups, as well as leadership training, political advocacy and the facilitation of mentoring programs.

Kim is a graduate of the AVCLP (2008), a graduate of the Australian Institute of Company Directors, and has been awarded the Commonwealth Centenary Medal, the Rotary Paul Harris award and the Lions International Chris August awards for service to the community.

*Facilitators will be joined by inspirational speakers from the LGBTIQ+ community during the program.*